Lesson Nineteen From

Strong form: from; weak forms: from, frm

The strong form is used contrastively (e.g. 'Travelling **to** and **from** London') and in sentence final position (e.g. 'Where is it **from**?'). The weak form is / frəm / (e.g. 'back **from** abroad' / bæk frəm ə 'brɔːd/; 'I am home **from** work' / aɪm 'həum frəm 'wəːk /). In rapid speech this may be further weakened to / frṃ / (e.g. 'One **from** each' / wʌn frṃ 'iː tʃ /).